



TRINITY COLLEGE  
THE UNIVERSITY OF MELBOURNE

# TRINITY COLLEGE YOUNG LEADERS PROGRAM 2019



# WELCOME TO YOUNG LEADERS!

The Young Leaders Program (YLP), offered at Trinity College, the University of Melbourne, has been developing future leaders since 2011. The program provides students the opportunity to live on campus at Trinity College, the University of Melbourne's oldest residential college, and join lectures and workshops with other like-minded young leaders. Throughout YLP, participating students are guided and mentored by a team of university students.

YLP is a transformative experience for many students, who go on to describe the program as life-changing, inspiring and memorable. Some credit it as being one of the best weeks of their life.

YLP is designed to allow students to choose from academic streams that best suit their future career ambitions, with the opportunity to join the program for one or two weeks.



EXPERIENCE LIFE  
AT AUSTRALIA'S  
TOP-RATED  
UNIVERSITY\*

\* THE TIMES HIGHER EDUCATION WORLD UNIVERSITY RANKINGS 2019





# Academic streams

The academic streams of the Young Leaders Program align with the University of Melbourne's undergraduate degrees to give students valuable insight into what their future studies and career path might look like. Sometimes it can be difficult choosing what to study at university, so YLP provides the perfect taster for students trying to make big decisions about life beyond school.



## Arts

This stream gives fascinating insight into the world of humanities and social sciences by exploring areas such as psychology, media and communications, criminology, philosophy and drama. Our innovative and highly interactive workshops and excursions are designed to inspire passion for the arts and further develop key learning skills such as reflective, critical and independent thinking, problem solving and evidence-based decision making. This stream will leave students with connections, stories and a greater understanding of the diverse subject choices offered through a Bachelor of Arts degree.



**Lala Rukh Junejo, Pakistan**



**Social Justice, Personal Development, July 2018  
Beaconhouse School**

'The Young Leaders Program was an extraordinary experience where I got to meet people from all over the globe, the kindest of mentors and awe-inspiring professors. The Social Justice and Personal Development streams taught me to look at life with a different perspective and to never be afraid to take the first step towards making this world a better place. It was simply fantastic to spend two weeks at Trinity College and I believe they were the best days of life.'

# Personal Development For Future Leaders

This stream is designed for students who want to build leadership skills to apply at school, in their future career, or in life in general. Through practical workshops led by professional practitioners, students will explore what it means to be a leader and how they might lead an effective team using different leadership styles. Students will embark on a challenging journey that builds self-confidence and enhances communication skills by working in small teams and preparing a leadership presentation to the group. Students have the opportunity to explore self-motivation, resilience and empathy towards others. They will also examine their own values and strengths and understand how to create their own personal branding to shape themselves and their future careers. By the end of the week, participants will have learnt tips, tools, and tricks to help them work effectively in a group across a multitude of settings.

## Leadership for Social Justice

This stream is targeted at students who are passionate about creating a fair and just world for all people, irrespective of their differences. Students will consider the basic principles of human rights to set the scene for an examination of local and global issues affecting the world today, including youth homelessness, poverty and gender inequality. Interactive workshops and excursions will encourage exploration of ideas and strategies to bring about positive change at home and abroad, and inspire participants to become positive agents of change to make the world more sustainable, inclusive and equitable.

**Yi Xiang Chee, Malaysia**



**Science & Engineering, December 2017**  
**Pay Fong Middle School**

'I had one of the best times in my life during YLP. I got to meet so many inspiring individuals from different backgrounds and every single one of them has their own unique stories to share. The program definitely helped me to be a better person and find my life goals. I made so many lifelong friendships and priceless memories. I cannot thank the program and mentors enough.'



# Performing & Creative Arts

This stream is ideal for students looking to develop skills and discover opportunities as a performer or artist. It will also let participants make connections with other young people who have a passion for the performing and creative arts. In this fast-paced intensive stream, the emphasis will be on skill development, and the creation of theatre, art and music in a caring and supportive environment. Students will participate in fun and engaging projects led by arts industry professionals, while learning about arts leadership and ways of developing and sharing original ideas with others. Melbourne is a vibrant cultural hub, so makes the perfect backdrop for this stream as participants visit the city's iconic theatres, galleries and arts precincts.



# Biomedicine

---

This stream lets students explore the world of medicine and medical research including genetics, human physiology, human structure, and function to find out what the Bachelor of Biomedicine is all about. Participants will investigate issues pertinent to our world today and look at the rapidly changing areas of genetics and bioethics. Laboratory sessions will include dissections of an eye, brain and heart, as well as a hands-on session at the College of Surgeons to learn about suturing and key-hole surgeries.

# Design

---

This stream is tailored to students who want to design a sustainable future, and are interested in the need to ensure our cities are places that are sustainable, resilient, and liveable. It will explore what these terms mean and what design elements will be important for cities in the future. The stream will also consider how buildings can be designed so they are energy and water efficient and still pleasant to work in, the significance of parks in cities and their ideal features, and the kind of technology that will assist us to design a better world. These themes will be investigated through a mixture of interactive and innovative workshops and seminars, plus fieldtrips to parks and gardens, energy efficient buildings, the University of Melbourne's School of Design, the Victorian College of the Arts and more.





# Commerce

---

This stream is a great introduction for students hoping to pursue a career in business or commerce and will explore the fields of accounting, economics, finance, management and marketing. It will delve into the importance of teamwork in business and development of effective business networks to give students an industry edge. The art of developing a personal brand and leadership in business will also be covered.

# Psychology

---

This stream is ideal for students who are intrigued by human behaviour, are fascinated by the human mind or have an interest in mental illness. The major focus will be on factors that influence the onset and course of mental illness, as well as an exploration of the major disorders and their causes and treatments. The stream includes highly interactive workshops and excursions, including a visit to a historical lunatic asylum. In this way, students have the opportunity to learn from individuals who have recovered from a mental illness, giving them valuable insight into human wellbeing and psychology.



# Science & Engineering

---

This stream is ideal for students thinking about studying a Bachelor of Science and provides a taste of the exciting possibilities in chemical and biomedical engineering, electrical and mechanical systems, aerospace engineering, and physics. Students will look at how society is progressing in the world of technology, particularly in the advancement of solar cell technology, and discover the amazing innovations made in astronomy, science and engineering. As part of the stream, students will visit Scienceworks, participate in a robotics workshop and make their own solar cells and rockets.



**Chester Cham, Hong Kong**



**Science & Engineering, July 2018  
Diocesan Boys' School**

'Stepping out of your comfort zone is one thing, while truly embracing the experience is another matter. I am grateful to YLP for the incredible experience to meet talented individuals from across the globe while embarking on a journey of discovering my prospective subjects ; It has been an amazing journey and pleasure to experience Melbourne while cultivating the confidence to build a strong global network and develop everlasting friendships.'







**Kawlija Brahim, Australia**



**Personal Development for Future Leaders, July 2017  
Swan View Senior High School**

'I'm incredibly grateful to have had the opportunity to be part of the Young Leaders Program. The staff, mentors and fellow young leaders generated a wonderful home away from home atmosphere throughout the Program. I have acquired lifelong leadership skills in public speaking and developed greater confidence and resilience. I'd strongly recommend you take the chance to experience the amazing Young Leaders Program.'



# TRINITY COLLEGE

## Location: Melbourne

Trinity College is located in Melbourne, one of the world's most liveable cities. From its creative, exciting city centre to its buzzing neighbourhood hubs, Melbourne is the gateway to Victoria's spectacular coastline, peninsulas and alpine villages. For more information, see [visitmelbourne.com](http://visitmelbourne.com)

1. **Queen Victoria Market** – Discover a wide variety of fresh, quality produce and specialty shopping.
2. **Melbourne Central** – A large shopping centre and Melbourne's transport hub.
3. **State Library of Victoria** – Explore a world of information and stories.
4. **Degraves Street** – One of Melbourne's first 'laneways' lined with cafes and restaurants, and across the road from Flinders Street Station.
5. **Federation Square** – Home to major cultural attractions, it is considered Melbourne's 'meeting place'.
6. **Docklands** – Discover Melbourne's spectacular harbour offering water view restaurants, sporting events and shopping!
7. **Southbank** – Melbourne's bustling waterfront hub, renowned for restaurants, public art and stylish retailers.
8. **National Gallery of Victoria** – Founded in 1861, Australia's oldest, largest and most visited art museum.

For information about public transport, visit: [ptv.vic.gov.au](http://ptv.vic.gov.au)



# Staying at Trinity

Students reside at Trinity College for the duration of YLP. This is a condition of enrolment and is included in the course fee. All students stay in a Trinity College dorm room, sharing with one other student of the same gender and usually of the same age, but from another country. Males and females will be in separate buildings where possible, or on separate floors. Each floor is supervised by at least two mentors. Bedding, towels, blankets and laundry facilities are provided.

All meals are included and dietary needs can be catered for. Special meal requirements and existing medical conditions should be disclosed on the program application form.

Student welfare is of utmost importance throughout the entire program as we understand many students will be living away from home for the first time.

## Mentors and staff

All students are supported, guided and encouraged by a team of mentors during their stay at Trinity College. Our mentors are friendly, high-achieving university students who are specifically selected and trained for this role. Mentors stay on campus with the students for the duration of the program and are integral to all aspects of YLP. Trinity College staff also reside on site for the duration of the program and can be called on at any time for administrative, pastoral or welfare assistance.





# DATES 2019

Students can sign up for a single week based on their preferred dates and subject choices, or can undertake two weeks back-to-back. Participants choose one subject stream per week from the lists below.

INTAKE	DATE	COURSES
<b>July Week 1</b>	Sunday 7 July – Sunday 14 July 2019	<ul style="list-style-type: none"><li>• Arts</li><li>• Design</li><li>• Commerce</li><li>• Leadership for Social Justice</li><li>• Science &amp; Engineering</li></ul>
<b>July Week 2</b>	Sunday 14 July – Sunday 21 July 2019	<ul style="list-style-type: none"><li>• Biomedicine</li><li>• Performing &amp; Creative Arts</li><li>• Personal Development for Future Leaders</li><li>• Psychology</li></ul>
<b>December Week 1</b>	Sunday 1 December – Sunday 8 December 2019	<ul style="list-style-type: none"><li>• Biomedicine</li><li>• Commerce</li><li>• Design</li><li>• Performing &amp; Creative Arts</li><li>• Psychology</li></ul>
<b>December Week 2</b>	Sunday 8 December – Sunday 15 December 2019	<ul style="list-style-type: none"><li>• Arts</li><li>• Leadership for Social Justice</li><li>• Personal Development for Future Leaders</li><li>• Science &amp; Engineering</li></ul>

*Please note these dates include the date students are to arrive and depart.*

# DETAILS

## Audience

---

YLP is for domestic and international students aged between 14 and 17 years inclusive.

## Fees

---

- One week – AUD \$1990 per student (including GST)
- Two weeks – AUD \$3980 per student (including GST)

**Inclusions:** academic tuition, mentoring, meals, accommodation, leadership and extracurricular activities, return airport transfers (Tullamarine Airport) and other organised activities.

**Exclusions:** flights, tourist visas, compulsory travel and medical insurance and spending money.

## Security and supervision

---

Trinity College is a secure facility, protected by a 24-hour security service. All activities and excursions are fully supervised by trained staff.

## Airport transfers

---

Domestic and international airport transfers from Melbourne Airport (Tullamarine) are included in the cost of the program. On arrival at Melbourne Airport (Tullamarine), a YLP mentor will greet students. Students are contacted via email a couple of days before departure with the mentor's name, photo and instructions. Parents/guardians are notified via email when their child has been met at the airport and is on their way to the Trinity College campus.

## Scholarships

---

In 2019, Trinity College will offer a number of one week (full and partial) scholarships for Australian students. Students may be able to apply for a scholarship if they are from regional Victoria, are Indigenous, come from a low socioeconomic background, or are a refugee. To ensure that as many students as possible are given the opportunity to participate in YLP only one scholarship will be awarded to an individual. For further information, please contact the YLP office at [youngleaders@trinity.unimelb.edu.au](mailto:youngleaders@trinity.unimelb.edu.au)

# Application

---

Complete the July or December application form and attach all supporting documentation. You must submit:

- a 300-word personal statement outlining why you want to undertake the program, why you have selected the stream/s that you are applying for and how you will apply what you learn
- a letter of support
- a copy of your passport.

Application forms can be found at

[trinity.unimelb.edu.au/trinity-institute/apply-and-enrol](http://trinity.unimelb.edu.au/trinity-institute/apply-and-enrol)

**Closing dates are 30 May 2019 for the July program and 15 October 2019 for the December program.**

## Tailored programs

---

Given our expertise in curriculum planning and design, we are able to coordinate and deliver personalised programs for local and international schools. These programs are suited to groups of school students who would like to experience the pathway to college and university life, but cannot attend the July or December Young Leaders Program. Tailored programs can include the standard YLP academic streams or can be customised to suit your group.

Please contact [youngleaders@trinity.unimelb.edu.au](mailto:youngleaders@trinity.unimelb.edu.au) to find out more.

For more information about the Young Leaders Program, including sample timetables, visit [trinity.unimelb.edu.au/young\\_leaders](http://trinity.unimelb.edu.au/young_leaders)

**Jack Nyi Hun, Myanmar**



**Social Justice, Psychology, July 2018  
I.L.B.C**

'When I first arrived for the program, I was surprised at how friendly everyone was. You could go up to just about anyone and start talking about things from sports to politics to hobbies. The fact that we were all from different parts of the globe provided us with endless topics to talk about and opportunities to interact and learn from each other. The bonds we made at YLP, even though it was for a week or two, are ones we will not forget. Make sure you try the free hot chocolate!'







FERRY COLLEGE  
DE COSTA RICA  
La Lapa

FERRY COLLEGE  
DE COSTA RICA  
La Lapa

FERRY COLLEGE  
DE COSTA RICA  
La Lapa

FERRY COLLEGE  
kontiki Coffee

## Young Leaders Program

---

Trinity College

100 Royal Parade

Parkville VIC 3052 Australia

**T: +61 3 9348 7565 F: +61 3 9348 7610**

**E: [youngleaders@trinity.unimelb.edu.au](mailto:youngleaders@trinity.unimelb.edu.au)**

**W: [trinity.unimelb.edu.au/young\\_leaders](http://trinity.unimelb.edu.au/young_leaders)**

---



**TRINITY COLLEGE**  
THE UNIVERSITY OF MELBOURNE